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## 'InsideMetals.com' Adds 10 Gold Stocks, A Nickel and A Uranium Stock, to Its Popular Junior Gold & Mineral Stocks Shopping Mall

RENO, Nev., Aug. 16 /PRNewswire/ -- InsideMetals.com, an internet website that provides easy access to a detailed value-added WORLD VIEW of Gold Producer Stocks and Junior Gold & Mineral Stocks for investors and financial experts, reported today that it has added 12 Companies to its Junior Gold & Mineral Stocks Shopping Mall. The <http://www.insidemetals.com> website information resource now includes 99 listed Junior Gold & Mineral Stocks.

"InsideMetals.com" is organized to provide convenient worldwide access to detailed value-added Gold Producer Stocks information for everyone, from the average investor to sophisticated stock brokers and fund managers. Insidemetals.com is fast and easy to use and is designed to save time for busy investors, fund managers, stock brokers, financial analysts, and government administrators who need organized up-to-date information about Gold Producer Stocks.

InsideMetals Junior Gold & Mineral Stocks Shopping Mall makes it easier to find and obtain access to Junior Gold & Mineral Exploration Stocks. Junior Gold & Mineral Exploration Stocks are development companies, often without revenues, and are classified according to the stage of development of their property. The three development stages are: Prospector, Explorer, and Developer. The development stages are defined on the website at <http://www.insidemetals.com>.

The following Junior Gold companies, which are listed by stage of development, have been added to the Insidemetals.com Junior Gold & Mineral Stocks Shopping Mall. They are grouped in the exchanges where they are traded including the Over-the-Counter Bulletin Board, the Toronto Exchange, the Toronto Venture Exchange, and the Frankfurt Exchange.

Junior Gold Prospectors added are Aura Silver Resources Inc., Nautilus Minerals Inc., and Oromonte Resource Inc., all traded on the Toronto Venture Exchange; and Little Squaw Gold Mining Company which is traded on the Over-the-Counter Bulletin Board; and Wealth Minerals Ltd, traded on the Toronto Venture Exchange, the Over-the-Counter Bulletin Board, and the Frankfurt Exchange; and Mexivada Mining Corp. traded on the Toronto Venture Exchange and the Frankfurt Exchange.

Junior Uranium Prospector added is Ucore Uranium Inc. traded on the Toronto Venture Exchange.

Junior Gold Explorers added are Aquiline Resources Inc. traded on the Toronto Stock Exchange, Sultan Minerals Inc., which is traded on the Toronto Venture Exchange, and Canarc Resource Corp., traded on both the Toronto Stock Exchange and the Over-the-Counter Bulletin Board.

Junior Nickel Explorer added is Hard Creek Nickel Corp. traded on the Toronto Venture Exchange.

Junior Gold Developer added is GLR Resources Inc. traded on Toronto Stock Exchange.

"Every month we add companies in each of our classifications," said Mike Mapa, Managing Editor. "There will be fewer Developers added than Prospectors and Explorers because there are fewer companies with properties with proven reserves and a completed feasibility study. Our additions expand the number of classified investment opportunities that investors can quickly view at the Insidemetals.com Junior Gold & Mineral Stocks Shopping Mall via links to each company's website home page, and stock symbol."

This month these additions include Hard Creek Nickel Corp., exploring for nickel in Canada, and Ucore Uranium Inc. exploring for uranium in Canada.

More information about InsideMetals.com can be obtained at <http://www.insidemetals.com>.

About InsideMetals.com

InsideMetals.com is an internet website that offers detailed value-added financial, production, and ore reserve information for key U.S. stock exchange listed gold, silver, platinum, and palladium producing companies. The website is fast and easy to use with a primary value objective of saving time for busy investors, business managers, or government administrators worldwide who may need the information. Access to the Gold Producer Stocks value-added WORLD VIEW details is available for a modestly priced monthly or annual subscription. The website includes a broad range of free value-added information resources, which includes the Junior Gold & Mineral Stocks Shopping Mall.

InsideMetals.com is a division of Whitney & Whitney, Inc., a mining development services firm based in Reno, Nevada, "the heart of

U.S. gold country." Whitney & Whitney, Inc. is a wholly-owned subsidiary of Itronics Inc. (OTC Bulletin Board: ITRO; Frankfurt and Berlin Stock Exchanges: ITG).

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